

Inglewood News

AND LENNOX CITIZEN

The Weekly Newspaper of Inglewood

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City of Champions Welcomes Space Shuttle Endeavour



The city of champions welcomed space shuttle Endeavour to the Inglewood Forum Saturday as thousands gathered to watch the orbiter make its slow voyage to the California Science Center at Exposition Park. The program at the Forum, which began when Endeavour lurched east on Manchester Boulevard past Prairie Avenue, included speeches from local elected officials, "Lost in Space" actress June Lockhart, and California Science Center president and CEO Jeffrey Rudolph. Photo by Dirk Dewachter. •

West Basin Water District Recognizes Business for Water Conservation Efforts

By Cristian Vasquez

Local businesses and government entities received awards from the West Basin Municipal Water District for their water conservation efforts.

The awards were distributed during a recent Inglewood City Council meeting by West Basin Municipal Water District Board Member Gloria Gray and recognized the following: A-Man Technical Training Center, Dr. Bettye Davis Walker and President Hal Walker, Chairman; Del Aire Inn, Harish Chandra and Jay Patel, Managers; the L.A. Bridge Club; L.A. County Fire Department, Station 171, Ron Durbin; Cloud Nine Motel, Jack Bhatt, Manager; and City of Inglewood, Mayor and City Council.

"West Basin is the wholesale of water in the city, and one of the things that West Basin has focused on for months is a program called 'Water Reliability 2020' which means that West Basin is focusing on its efforts to create local resources," Gray said. "Many of you know that water comes from up north. We get 60 percent of our water from the Delta here in Southern California and West Basin is really concerned about water reliability--and so, we created 'Water Reliability 2020' which focuses on water conservation and water recycling. Some of the businesses in this area have been really good about saving water."

Each business and entity was acknowledged for different steps taken as an organization to promote water conservation within both the work area and the community. The City of Inglewood was recognized in part because it was one of the first municipalities in the South Bay to pass a resolution to save water throughout the community. L.A. County Fire Department, Station 171 received an

award for its efforts and leadership in water conservation through the implementation of native landscaping. Deputy Forester with the L.A. County Fire Department Ron Durbin indicated that the project undertaken by the department included a 7,000-square foot area converted to house more drought-tolerant plants. Doing so resulted in an immediate savings in water, electricity and fuel--all which are associated with the maintenance of a traditional lawn.

"We chose this because it is more of a community effort that people can see. That is also why we chose Fire Station 171--because it is such a high-profile station since it is right next to the high school, it is right next to the courthouse and right next to a retirement facility," Durbin said. "There is a lot of traffic, so people can come and see how they can convert their own home landscape to something that looks good, has great color and that conserves water. We all know that over time, everyone is going to have to cut back on water. That has already been shown and we look at this as an example to do that."

Programs like Water Reliability 2020 allow West Basin to provide businesses and residents assistance in becoming more water-efficient. From drought-tolerant plants to low-flush toilets to water-efficient gardening systems that are rain-sensitive, West Basin has several options for anyone interested in conserving water. "A number of the residents have participated in our ocean-friendly gardens to learn how to buy native plants, which means that they won't take as much water. They learn how to plant them, where to plant them and so forth," Gray said. "Water cannot be taken for granted. It is a natural resource and we have more people on this earth, and there is only one huge source of

water and that is the ocean. That is why West Basin is looking at desalination. We use a lot of recycled water with our efforts with our customers and Inglewood is one of our customers."

For Durbin and the LA County Fire Department, education is crucial for water conservation efforts to be successful. "We always want to be the example for the community--it's not just about this station. We have been trying to do this in all different areas," Durbin said. "I work in Malibu Forestry and that particular unit had pine trees everywhere, but there are no pine trees natural to the Santa Monica Mountains. Pine trees are also a huge fire hazard not only because they are not natural to the area, but because they also have lots of oil and other materials. It was five years ago when I started and as of a month and a half ago, there are no pine trees in my unit. Those are some of the same examples that we are setting at Station 171. Do the right thing for the environment. It is good in all different kinds of ways."

For Gray and West Basin, these efforts are only possible if people get involved. So far they are happy with the response from residents, business owners and civic leaders. "It's catching on and people are really thinking about water now, which is great. We are invested in the community and hopefully it will be generational because we do have a lot of children in the Inglewood area and all over the West Basin area come to our water recycling plant," Gray said. "Their teachers bring them, we provide a bus or the school provides a bus. They [kids] come and get an education about water recycling. Then they go home and tell their parents. It's a good thing."•

Weekend Forecast

Friday
Sunny
73°/64°



Saturday
Partly
Cloudy
71°/64°



Sunday
Partly
Cloudy
68°/60°



Police Reports

ROBBERY

Robbery 4300 Block Of 120th St Street, Highway, Alley

Date/Time Reported Mon 10/1/12 04:00
Crime Occurred: Mon 10/01/12 03:55 To: Mon 10/01/12 05:00

Property Taken: Med Size Lunch Pale With Strap Used As A Purse, Various Denominations

Robbery 12600 S Hawthorne BI Parking Lot
Date/Time Reported Mon 10/1/12 16:00
Crime Occurred: Mon 10/01/12 11:00

Property Taken: (1) Wht Gold/Diamonds (1) Wht Gold, 13 Rings With Various Stones, (1) Diamond Tennis (1) Gold, Silver Coins.

Robbery 5300 W. Rosecrans Ave Shopping Center

Date/Time Reported Tue 10/2/12 09:43
Crime Occurred: Tue 10/02/12 09:41 Arrest

Robbery 2800 W 120th St Hardware Store
Date/Time Reported Tue 10/2/12 12:28
Crime Occurred: Tue 10/02/12 06:11

Property Taken: Dewalt 20 Li-Ion 5-Tool Combo Kit

Robbery 11900 York Ave Street, Highway, Alley

Date/Time Reported Tue 10/2/12 18:08
Crime Occurred: Mon 10/01/12 14:00

Property Taken: Currency
Weapon: Firearm

Robbery 11500 S Hawthorne BI Street, Highway, Alley

Date/Time Reported Wed 10/3/12 11:50
Crime Occurred: Wed 10/03/12 11:48

Property Taken: Samsung Galaxy-2 (White) 310-648-9140

Robbery 11500 S Hawthorne BI Parking Lot
Date/Time Reported Fri 10/5/12 10:16
Crime Occurred: Fri 10/05/12 09:00

Property Taken: Black Guess Wallet, California Id Card (Jennifer Denuno), Chase Debit Card, Visa Logo

(Jennifer Denuno), Gift Cards, House Keys, Keys To Metro Pcs

Robbery 12500 S Hawthorne BI Public Park, Playground

Date/Time Reported Sun 10/7/12 20:38
Crime Occurred: Sun 10/07/12 20:08 To: Sun 10/07/12 20:25

Property Taken: Black Spring Galaxy-S Cellular Phone

Weapon: Firearm

BURGLARY

Comm Burglary - Commercial
4700 W El Segundo BI Service Station, Gas Vendor

Date/Time Reported Mon 10/1/12 05:39
Crime Occurred: Sun 09/30/12 22:00 To: Mon 10/01/12 05:00

Property Taken: Currency Tobacco Products Computer Equip

Property Taken: U.S. Currency, 90 Cartons Of Cigarettes Various Brands, Aver 32 Inch Computer Monitor

Method Of Entry: Unlocked Poe: Single Swing Door Entry Loc: Front

Comm Burglary - Commercial
5000 W El Segundo BI Medical, Dental Supply Co, Optometrist

Date/Time Reported Tue 10/2/12 03:49
Crime Occurred: Tue 10/02/12 03:49

Method Of Entry: Broke Glass Burglary

3800 W 147th Pl

Date/Time Reported Thu 10/4/12 11:02
Crime Occurred: Cad: Thu 10/04 11:02-- No R Ms Ent

Property Taken: Black Older Ipod Nano With Clear Case

Burglary

13800 S Prairie Av Electric Shop
Date/Time Reported Thu 10/4/12 19:47
Crime Occurred: Thu 10/04/12 19:47

Method Of Entry: Smashed
Comm Burglary - Commercial

13800 S Prairie Av Electronics Store
Date/Time Reported Fri 10/5/12 05:13
Crime Occurred: Fri 10/05/12 05:13 •

Hawthorne Happenings

News for the City of Good Neighbors

From City Clerk Norb Hubert Mail In Ballots



What used to be called "absentee ballots" have become "mail in ballots". The practice of mailing in your election ballot has become much more common. The percent of people voting by mail instead of going to the polling place has increased dramatically in recent years. With the arrival of these ballots in the mailboxes of many Hawthorne voters, the November 6 election has begun. Many of the homeowners associations have held election forums that were meant to inform the voting public on the issues regarding the ballot measures. If you are a registered voter, it's time to start doing your homework. The future direction of our state and nation will be determined by the outcome of this election.

Softball Family

The Hawthorne girls Softball League was well represented at the last city council meeting held October 9. Yes, the coaches, parents and players came to ask for help from the city council, but the lasting impression I took away from hearing everyone was that the league is a "family of caring people" who have come together to give their daughters and the young ladies of Hawthorne a very positive environment in which to excel not only physically but academically and socially. There was a passion shown by all the speakers. They didn't want a good thing to stop. They wanted the "family" to continue to function and grow. The council members all showed their concern by offering to help the league. Good neighbors, family members, caring and concerned citizens, that is what makes for a good city.

Community BBQ Dinner - Thursday, October 18

The Hawthorne Presidents Council will be sponsoring its annual community BBQ Dinner on Thursday, October 18 from 5 p.m. to 8 p.m. at the Memorial Center. (the kitchen closes at 7 p.m., so get their early) The ticket prices are the same: Adults \$5 and Children under 12: \$2.50. All proceeds will go to support the Holiday Assistance

Programs that deliver food and toys to needy families in our area. This year, if you bring in any amount of donated canned goods then you will receive one free raffle ticket. For more information please call: Alex Monteiro at 310-978-4357.

Free Shredding Event - Saturday, October 20

The best way to keep from having your personal information from getting stolen is to shred them. The City of Hawthorne, along with Allied Waste is offering a FREE unlimited document shredding on Saturday, October 20th from 10 a.m. to 1 p.m. at the city hall parking lot which is located at 4455 W. 126th Street. You can bring in boxes full of old documents you wish to have shredded. During this same time free electronic waste collection will take place where you can get rid of out of date computers, televisions and other electronic devices. So get all of your stuff together and bring it down to city hall on October 20. (This might also be a good day for you to stop by the new Hawthorne Museum which is located across the street in the old police station.)

Hawthorne's Hometown Holiday Celebration - Saturday, December 1

The Hawthorne Historical Society, along with the President's Council and the Hawthorne Ministerial Association is sponsoring a Hometown Holiday Celebration on Saturday, December 1 from 4 p.m. to 7 p.m. at the Civic Center. If you or your business would like to participate, please contact Norb Huber at 310-292-6714. We expect Santa to arrive to greet all the kids,, lights to be lit on the surrounding trees, and music played and sung by Hawthorne groups.

Museum to be Open on Tuesday and Saturday

Hawthorne Museum will be open from 10 a.m. to 2 p.m. every Tuesday. We will continue to be open on Saturdays from 10 a.m. to noon.

Upcoming Events

Community BBQ Dinner - Thursday, October 18

Free Shredding Event - Saturday, October 20 •

SMILE awhile



Twins Allison and Amy Reaser, graduates of E.S.H.S now in their junior year at San Diego State University. Provided by Allison Reaser.



"Pumpkin Babies" Gweneith and Chloe submitted by Great Auntie Donna.

Readers send us your photos! Do you have a favorite photo? An old yearbook photo? Glamour Shot? Baby photo? **We want them.** We will accept only one photo, per person, every month. Once a month, we will pick a "Staff Favorite" and the winner will get a **\$25.00 gift certificate** from one of our advertisers.

Email your photos to: Management@heraldpublications.com. We will only accept emailed photos and they must be in jpg form.



VOTER REGISTRATION DEADLINE IS: OCTOBER 22, 2012

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Obituaries

Mervyn M. Dymally

Groundbreaking lawmaker **Mervyn M. Dymally**, 86, passed away Sunday, October 7 in Los Angeles from declining health. The "Godfather of African-American politics", as he was often referred to, served in the California State Assembly, California State Senate, as the 41st Lieutenant Governor of California, and in the U.S. House of Representatives. Dymally is survived by his daughter Lynn

and son Mark, as well as his wife Alice Gueno Dymally, and three sisters. Funeral services were held on October 17 at 12:30 p.m. at Holy Cross Mortuary in Culver City.

In lieu of cards, flowers and gifts the family suggest donations be made in his honor to The Mervyn M. Dymally Memorial Fund (<https://www.wepay.com/donations/dymallymemorialfund>).

Calendar

ALL CITIES

SATURDAY, OCTOBER 20

- "38th Annual Bethune Recognition Luncheon", 11 a.m.-3 p.m., Double Tree Hotel Penthouse, 21333 South Hawthorne Blvd. For ticket information call Carlin at (310) 838-7107.

SATURDAY, OCTOBER 27

- Black Women's Network Breakfast Forum, 9 a.m.-1 p.m., Proud Bird, 11022 Aviation Blvd. For more information call (323) 964-4003.

HAWTHORNE

SATURDAY, OCTOBER 20

- Paper Shredding and Electronic waste Collection Event, 10 a.m.-1 p.m., Hawthorne City Hall, 4455 W. 126th St. For more information call (310) 349-2980.

TUESDAY, OCTOBER 23

- City Council Meeting, 6-10 p.m., 4455 W 126th St. For more information call Monica Dierisci at (310) 349-2915.

WEDNESDAY, OCTOBER 24

- Family Place Parent-Child Workshop (babies-3 years old), 6:30-7:30 p.m., Wiseburn Library, 5335 W. 135th St. Registration is required. For more information call (310) 643-8880.

SATURDAY, OCTOBER 30

- Halloween Carnival, 5-8 p.m., Hawthorne Memorial Center - 3901 W. El Segundo Blvd. For more information call (310) 349-1640

ONGOING

- Social Security Outreach available for drop-in assistance, 10:30 a.m.-12:30 p.m., 2nd and 4th Thurs. of each month, except holidays, Hawthorne Library, 12700 Grevillea Ave. For more information call Donald Rowe

at (310) 679-8193.

INGLEWOOD

MONDAY, OCTOBER 22

- Foreclosure Educational Workshop (sponsored by The City of Inglewood), 10 a.m.-2 p.m., One Manchester Boulevard, 1st Floor, Community Room A. Registration mandatory: www.CityofInglewood.org.

SATURDAY, OCTOBER 27

- 10th annual Day of Lupus Information Patient Conference, 9 a.m.-2 p.m., at Centinela Hospital Medical Center. RSVP by October 24. To RSVP and for more information call (310) 674-0080.

WEDNESDAY, OCTOBER 31

- Halloween Horror Movie, 6 p.m., Gladys Waddingham Lecture Hall, Inglewood Main Library, 101 W. Manchester Blvd, For more information call (310) 412-5380.

ONGOING

- Free 'Housing Rights Walk In Clinics' every 2nd Tuesday of the month, during the 2012 calendar year, 1-4 p.m., at the Inglewood Library, 101 W. Manchester Blvd. For more information call Geraldine Noguera at (800) 477-5977 extension #27.

LAWDALE

WEDNESDAY, OCTOBER 31

- Halloween Haunt, 4-8 p.m., Civic Center Plaza, 14700 Burin Ave. Activities include a haunted house, costume contest, carnival games, food vendors and live entertainment. For more information call (310) 973-3270.

ONGOING

- Lawndale Certified Farmer's Market, 2-7 p.m., every Wed. on the lawn of the Lawndale Library, 14615 Burin Ave.

Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser's claims are true nor does it take responsibility for those claims.

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2BD/2BA, Spacious & bright, D/W, stove, fireplace, balcony, gated, lots of storage, laundry on site. 512 W. Imperial Ave, \$1695/mo. \$700 deposit. No Pets! Call Alex (310) 383-3753.

3BD/1.5BA. Lower Unit. Bright and sunny. Newer carpet/paint and kitchen countertops, W/D hookups. 2-car parking. \$1,950/mo(310) 322-3564.

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EMPLOYMENT

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GARAGE SALE

United Methodist Church, 540 Main St. ES. Fri. 10/19, 9 a.m.- 5 p.m. & Sat. 10/20, 9 a.m.- 1 p.m. Rummage Sale! Clothing, Household items, tools, toys & books. Enter rear of the building.

HOUSE FOR LEASE

Culver City- House \$3,500, 3BR, 2 1/2 Bath, Family room. 12057 Aneta. Agt. Julie (310) 702-8961.

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WAREHOUSE SPACE FOR RENT

ES, Large open warehouse, 1950 sq. ft. 13' ceiling. Great location Franklin/Arena. Avail. Immediately. Call Lisa (310) 322-6111.

Community Briefs

SEED AWARD PROGRAM RECOGNIZES EFFORTS TO IMPROVE SOUTH BAY'S ENVIRONMENTAL SUSTAINABILITY, QUALITY OF LIFE

The SoCal Environmental Excellence Development (SEED) Awards Program honors local individuals, groups, and businesses that



have exhibited excellence in helping to improve environmental sustainability and quality of life in the South Bay. This year the City of Hawthorne had two nominees: Bruder Toys at 4950 145th Street, and E Tech Surfboards at 13125 Yukon Ave. Bruder was nominated in the Resource Preservation category for its efforts to save energy at its facilities, including a large solar power system on its roof. The company also features a unique program that offers replacement parts for its toys, preventing the need to replace toys as frequently. E-Tech won a SEED Award for the category of Innovation. Surfboards are one of the most toxic pieces of sporting goods. E-Tech Boards makes eco-friendly surfboards that use recycled foam and non-toxic glassing. It is their mission to create more environmentally responsible production methods to help promote the notion that green boards are just as lightweight, strong, and durable as their less environmentally friendly counterparts. Seen here are Rancho Palos Verdes City Councilman Jim Knight, SBSEC Board

Member Jaime Lozano, E-Tech Boards Todd Patterson, Redondo Beach Mayor Pat Aust, E-Tech Boards Ryan Harris. Photo courtesy of the South Bay Business Environmental Coalition (SBSEC).

LET'S GET READY FOR THE RAIN

After a long, hot and dry summer, it's time to get ready for the wet rainy season. Rain is much needed for Southern California; however, there are some necessary steps we need to take before it comes. During months of dry weather, various pollutants have accumulated in the gutters or on the streets. Among them are cigarette butts, dog waste, food wrappers and oil stains from leaky cars. Once the first rain hits the ground, all the pollutants get washed away to nearby gutters and eventually to rivers, creeks and the ocean. Not only does it pollute our waterways, it also closes local beaches and harms marine life and people's health. Below is a list of recommended measures you can follow to ensure a safer and cleaner winter:

- Check your sprinkler system and fix broken ones as necessary. Turn the sprinkler off when it rains, or install a rain sensor that will shut off your sprinkler system automatically.
- Do not apply pesticides or any chemical to lawns and gardens before watering or predicted rainstorms.
- Clean out leaves from roof and gutters so they don't clog the drain. Make sure you clean outdoor areas with a broom, not a hose.
- Recycle unwanted or old hazardous products, such as used motor oil, filters, paint, paint thinner, pesticides, pool chemicals, used needles and unwanted or expired prescriptions at a Household Hazardous Waste Roundup Event hosted by the Los Angeles County. For more information on upcoming Household Hazardous Waste Round events near you or to visit one of the free permanent collection centers call 1 (888) CLEAN LA or visit www.888cleanla.com.

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Sports

Joe's Sports

Bay Continues to Be Too Much for Olympians

By Joe Snyder

A week after getting thrashed by Palos Verdes 61-0 at Leuzinger, the Olympian football team traveled to Peninsula High in Rolling Hills Estates to face the also struggling Panthers last Friday afternoon. Things were not much better as Peninsula won just its second game of the season and first in the Bay League over Leuzinger 58-20.

The positive for the Olympians (1-6 overall and 0-2 in league) was that they had some good offensive showing, especially in their passing game. Quarterback Sami Puloka completed 16 of 35 passes for 289 yards and three touchdowns. Two of his scoring passes went to wide receiver Travionne Pope, who caught seven passes for 174 yards. Jamari White had seven receptions for 84 yards including a seven-yard scoring catch in the second quarter.

After the Panthers (2-5, 1-1) took a 14-0 first period lead on a one-yard quarterback keeper by Ian Estutia and a 52-yard pass from Estutia to wide receiver Jordan Gates, Leuzinger cut Peninsula's lead to 14-7 on a 77-yard reception from Puloka to Pope. With 1:43 left in the first quarter, Peninsula took a 22-7 advantage on a 14-yard touchdown run by running back James Nelson, followed by a two-point conversion run from Estutia. Estutia then completed a 24-yard TD pass to Billy Delpit for a 30-7 Peninsula lead, but the Olympians cut it to 30-13 on Puloka's scoring pass to White. That was quickly followed by a 95-yard kickoff return by Nelson, who is also a 10.7 sprinter on the Panthers' boys' track and field team.

Peninsula extended its lead to 44-13 shortly before halftime on a 44-yard touchdown run by Ryan Ageilo. The Panthers would lead 58-13 on 10 and 27 yard TD runs from Ryan Sawelson and Nelson respectively before Pope caught his second scoring pass from Puloka of 30 yards with nine minutes to go in the game.

Leuzinger will come home and have its homecoming game against Redondo (4-3, 2-0) Friday at 7 p.m. The Sea Hawks are coming off a thrilling 34-31 overtime homecoming victory over West Torrance last Friday at Redondo. The Sea Hawks are led by senior running back Anthony Philyaw, who scored all five of his team's touchdowns, including the winner in the overtime period. Philyaw rushed for a personal high 231 yards on 29 carries.

Morningside Blanks Hawthorne

After losing to Hawthorne the past two seasons, Morningside High's more experienced football team came back to blank the host Cougars 20-0 for its first Ocean League victory against one loss last Friday. After a scoreless first quarter, the Monarchs scored on an 11-yard touchdown pass from quarterback Justin Lewis

to wide receiver Gregory Adams. Adams also plays at quarterback in some games.

Later in the second period, Campbell scored on a 70-yard punt return and Christian Willows added a two-point conversion run to extend the Monarchs' lead to 20-0. Jose Aanon added two field goals of 40 and 25 yards.

Hawthorne had just 65 total offensive yards and quarterbacks Paul Fuller and Xavier Clark were sacked a combined six times. Clark and Raymon Scarbrough each had two interceptions for the Cougars.

Morningside (4-3, 1-1) will seek its second league win and hopes to contend for a CIF-Southern Section Western Division playoff spot as it visits Beverly Hills (1-6, 0-2) Friday at 7 p.m. The Normans are coming off a 24-0 shutout home loss to Santa Monica last Friday. The Cougars (1-6, 0-2) will host Inglewood Friday at 7 p.m.

Inglewood Edges Culver City

Inglewood High's football team is coming on and is 2-0 in the Ocean League after a key 12-9 home victory over last year's CIF-Southern Section Western Division finalist Culver City last Friday at Coleman Stadium. The Sentinels (5-2, 2-0) made their two first quarter touchdowns stand. They scored on a 43-yard pass from quarterback Rickie Calderon to wide receiver Chauntez Jackson and Eddie Reyes' 80-yard run. The Centaurs (4-3, 1-1) had a six-yard TD pass from quarterback Xan Cuevas to Stanley Norman and a safety.

Inglewood, which won its fifth straight game after opening the season with non-league losses to quality teams Mira Costa and Bakersfield Stockdale, will visit Hawthorne Friday at 7 p.m.

Hernandez, North Prove Too Much for Lawndale

Lawndale High's young football team was unable to contain one of the premiere quarterbacks in Southern California in Jorge Hernandez in a 49-21 home loss last Friday. Hernandez completed 23 of 31 passes for 416 yards and five touchdowns and added another TD on a run. Four of his five passes went to Devante Jenkins, who had receptions of eight, four, 14 and one yard out. Freshman Mique Juarez caught six passes for 98 yards and Adrian Coleassine had a 72-yard TD reception in the first period. The Cardinals (3-4, 0-2) were led by running back Micheal Watkins, who scored on runs of 11 and 17 yards.

Lawndale visits South Torrance Friday at 7 p.m. In the past two seasons, the Spartans reached the finals (2010) and quarterfinals (2011) of the CIF-Southern Section Western Division playoffs, but South appears to be in a rebuilding year. South (3-4, 0-2) is coming off a 33-10 loss at Centennial High in Compton last Friday. •

Senator Wright Visits Wiseburn: Honored with Early Learning Champion Award

By Cristian Vasquez

Preschool California honored State Senator Roderick D. Wright with the 2012 Early Learning Champion Award for his leadership on transitional kindergarten and early childhood education during a community celebration at Juan Cabrillo Elementary School in the Wiseburn School District. "I am honored to receive this recognition," Senator Wright said. "Transitional kindergarten is a bright light for education and a pivotal first

at this new grade level.

"First of all, the whole idea of transitional k, as Principal Lynch pointed out, is that some kids really do benefit from the gift of time. The long-term implications of that are amazing. Maybe you won't see those until first or second grade and maybe you might not see them until they are actually adults, but there is a huge impact," Dr. Johnstone said. "I have four children myself--one of them was a transitional k student and the



Photo courtesy of the Office of Sen. Roderick Wright.

step toward college and career readiness."

During the October 8 visit, Senator Wright was first taken on a tour of the two transitional kindergarten classrooms at Cabrillo Elementary and one of the regular kindergarten classrooms, where the Senator interacted with students. "This is a very, very special day not just for Senator Wright, but also for us because I think it celebrates the best in education," Wiseburn Superintendent Dr. Tom Johnstone said. "A lot of times, the press paints the people in Sacramento as being detached from what's going on in the community. I salute Senator Wright and all the hard work that he's done on behalf of children because he is a person that is not detached and has made a huge impact on this community."

Transitional kindergarten is an innovative educational program designed to serve younger students statewide at a new grade level because of their later-in-the-year birthdays and is part of one of California's educational reforms. For the past 10 years, the Wiseburn School District has successfully pioneered transitional kindergarten for its students.

"They [students] are learning the behaviors of school, they are learning about their personal space, about interaction and about taking turns," Juan Cabrillo Elementary School Principal Margaret Lynch said. "It is giving kids an extra year of school. The biggest difference is the age difference--these are students that would be our youngest in kindergarten. It gives them an extra year to develop physically and to develop emotionally. Some of these kids are the ones that would find it really hard to leave home. They might not have had preschool before."

Prior to transitional kindergarten, the State of California allowed new kindergarten students to be five years old by December 2 of the school year. Currently all schools are required to offer transitional kindergarten. However, children's attendance is voluntary. In addition, transitional kindergarten comes at no immediate additional cost to the State since funding that would have been used to support young five-year-olds in kindergarten will be redirected to support the same children

other one has a July birthday and should have been. She paid the price of not being a transitional k student in her first two years of high school and in her first year of college."

Senator Wright expressed his gratitude for receiving the award, but took advantage of the opportunity to speak to remind those in attendance that providing the necessary resources for students to succeed at every level is a task that requires everyone's participation. The Senator also spoke of the many challenges education faces due to the fiscal conditions in the state.

"I am going to fight for TK [transitional kindergarten] recognizing that we don't have enough money to do all the things that we want," Senator Wright said. "I am going to make a commercial that says that the Governor's proposal, Prop 30, is something we need because we are short of cash."

For Cabrillo and Wiseburn, transitional kindergarten continues to be a valuable resource for parents and students who are enrolled in the classrooms. "It is harder for parents to have a preschool experience for their children, so the kids come not knowing how to separate from their parents. They come not knowing how to ride tricycles, not knowing how to skip or jump, hold a pencil or cut with scissors and these are all the things that you have to do in kindergarten," Principal Lynch said. "This is the first year that we have two classes and part of that is because it is now a State requirement and that increased our size."

Principal Lynch continued, "One of the things is that in this school, you can see that the transitional kindergarten classes and the kindergarten classrooms are all together. They are part of the team and they work together so the transitional teacher is in constant communication with the kindergarten teachers. I think that's what keeps everybody growing together. The feedback that the kindergarten teachers give to the transitional kindergarten teachers allows for the students to be the stars. They are the leaders and they are the one with confidence. We see that not only in kindergarten, but when they go into first and second grade." •

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Seniors

Take Advantage of Medicare Open Enrollment

By David Sayen

Medicare is stronger than ever, with more benefits, better choices, and lower costs to beneficiaries. Expanded Medicare benefits under the health care law (the Affordable Care Act) continue to be available – including certain free preventive benefits, cancer screenings, and an annual wellness visit.

Whether you choose Original Medicare or a Medicare Advantage plan, take advantage of Medicare's Open Enrollment Period to review cost, coverage, or both for next year (2013). Open Enrollment begins Oct. 15 and runs through Dec. 7.

• **More Benefits:** Certain preventive benefits – including cancer screenings – are available at

no cost to patients when furnished by qualified and participating health professionals. The annual wellness visit allows people to sit down and discuss with their doctor their healthcare needs and the best ways to stay healthy.

• **Better Choices:** Medicare will notify beneficiaries about plan performance and use its online Plan Finder to encourage enrollment in quality plans.

• **Lower Costs:** Average premiums for 2013 for prescription drug coverage and Medicare health plans will remain stable. People who are in the "donut hole" in Medicare's prescription drug benefit will enjoy 53-percent discounts on covered brand-name drugs and 21-percent discounts on generic drugs.

Your health needs change from year to year. And your health plan may change the benefits and costs each year, too. That's why it's important to evaluate your Medicare choices regularly. Open Enrollment is the one time of year when all people with Medicare can see what new benefits Medicare has to offer and

make changes to their coverage.

It's worth it to take the time to review and compare, but you don't have to do it alone. Medicare is available to help.

• Visit www.medicare.gov/find-a-plan to compare your current coverage with all of the options that are available in your area, and enroll in a new plan if you decide to make a change.

• Call 1-800-MEDICARE (1-800-633-4227) 24 hours a day, seven days a week to find out more about your coverage options. TTY users should call 1-877-486-2048.

• Review the "Medicare & You 2013" handbook. It is mailed to people with Medicare in September.

• Get one-on-one help from your State Health Insurance Assistance Program (SHIP). Visit www.medicare.gov/contacts or call 1-800-MEDICARE to get the phone number for your state.

• If you have limited income and resources, you may be able to get Extra Help paying

your prescription drug coverage costs. For more information, visit www.socialsecurity.gov/i1020 or call Social Security at 1-800-772-1213. TTY users should call 1-800-325-0778.

If you qualify, you might pay no more than \$2.60 for each generic drug and \$6.50 for each brand-name drug. The Centers for Medicare and Medicaid Services estimates that more than two million people with Medicare may be eligible for the subsidy, but are not currently enrolled to take advantage of these savings. Even if you were previously turned down for Extra Help due to income or resource levels, you should reapply. If you qualify, you will get help paying for Medicare prescription drug coverage premiums, copayments, and deductibles. To qualify, you must make less than \$16,755 a year (or \$22,695 for married couples). Even if your annual income is higher, you still may be able to get some extra help.

Resources include bank accounts, stocks, and bonds, but not your house or car. There's no cost or obligation to apply for Extra Help.



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Are you the picture of health?

Photo by Andrew Eccles

"Colorectal cancer often has no symptoms, so please get tested. I did."
 Katie Couric, Co-Founder
 EIF's National Colorectal Cancer Research Alliance

If you're over 50, get screened.

"You will receive everything you need when you stop asking for what you do not need."
 ~ Nisargadatta Maharaj

El Camino College Alumni

----- Portraits of Success -----

"El Camino College provided an opportunity for me to gain a new perspective on life. I had just finished my European tour with the Beatles and had to reevaluate where my music career was going. ECC provided me the chance to restart my life, to further my education and give me new direction."

Chris Montez
 Singer/Songwriter
 Hawthorne High School Class of 1962
 2012 El Camino College Distinguished Alumnus

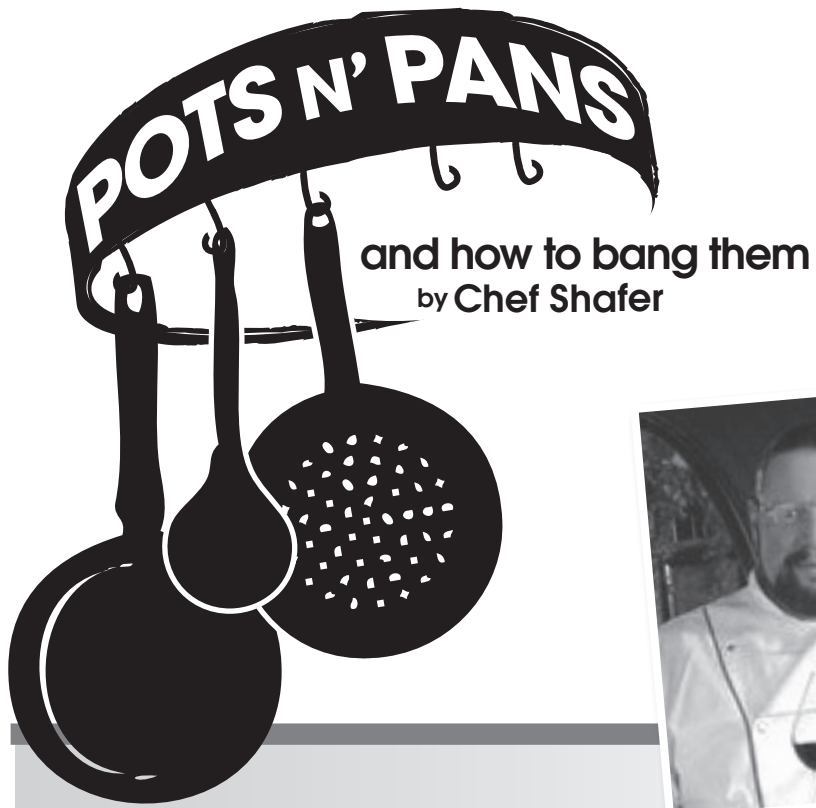
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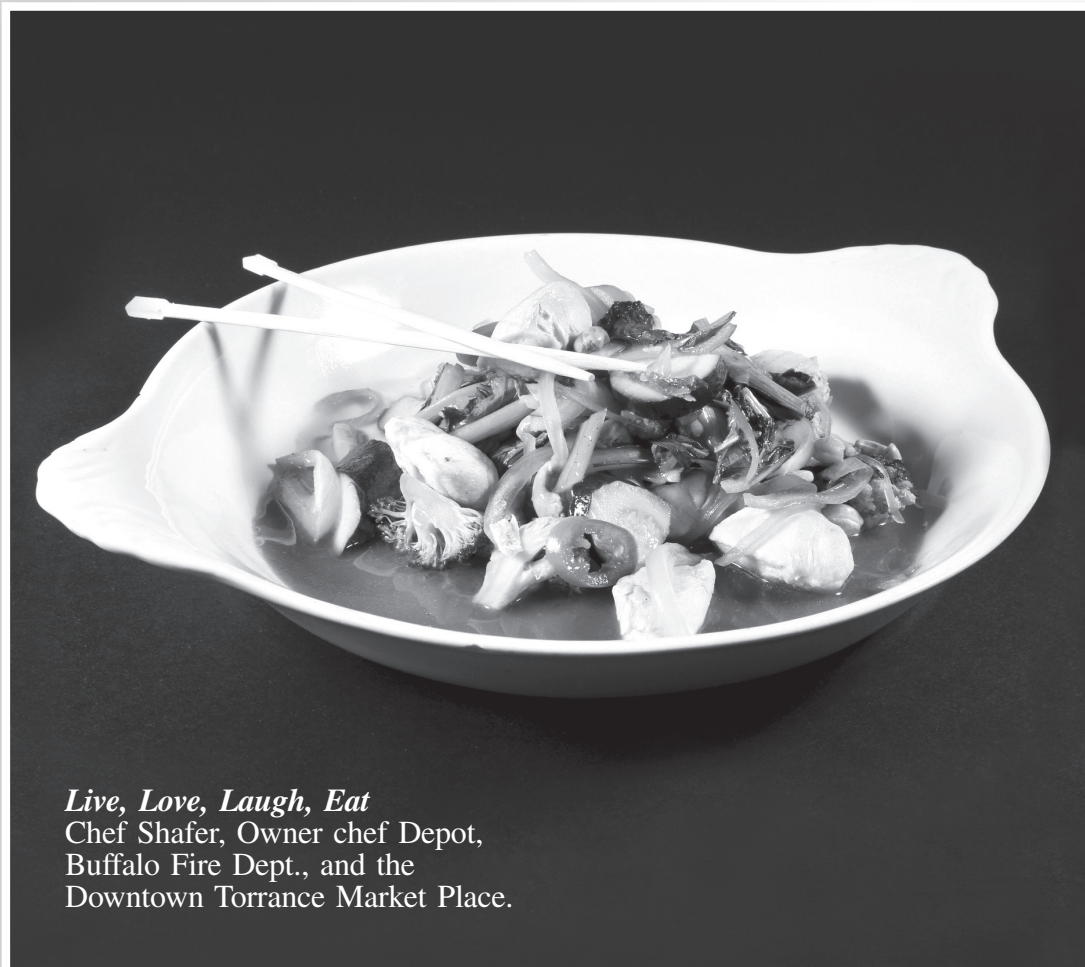
Back at The Market... Today we found fresh kale, broccoli, sweet onions, and tender zucchinis! Boy what are we going to make? How about a spicy stir fry that uses very little oil and lots of fresh produce.

In the 70s when I was an apprentice I would go to a three-hour theoretical lecture in downtown L.A. every Monday afternoon. Instead of getting on the freeway I would walk around Chinatown and little Tokyo trying to be a culinary spy. I would check out all the little markets and shops looking for herbs, spices and interesting things that I had no idea what to do with. Then I would go back to my apartment and experiment on my roommates. They were not always appreciative of my offering as to the funk factor of my creations. But eventually I got more consistent and developed my style of fusion cuisine.

So here is a simple fresh and light stir fry for you . . .

The Chef

Spicy Chicken Stir Fry



Live, Love, Laugh, Eat
 Chef Shafer, Owner chef Depot,
 Buffalo Fire Dept., and the
 Downtown Torrance Market Place.

1 lb. chopped chicken,

I like thigh meat because it's moisture but you can use breast meat or any protein.

2 tablespoons vegetable oil

2 lbs. of vegetables,

We're using onions, broccoli, kale, and zucchinis.

1/4 cup oyster sauce

1/2 cup chicken broth

1 to 3 chopped Serrano chilies,

It depends on how hot you like it.

1/2 cup of toasted cashews or nuts,

NOT SALTED.

Get a large sauté pan very hot. Add oil and chicken be careful the oil is hot and may splash. Let it cook for about 1 minute tossing the chicken to make sure it cooks evenly. Then add veggies and toss together with the remaining ingredients, check to see if the chicken is cooked then heat and serve. •

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Two Firms Ensure Arrival of Endeavour to California Science Center

By Cristian Vasquez

Leading construction and engineering firms Encon Construction Services, Inc. and Plump Engineering, Inc. conduct the safe and efficient delivery of the Endeavour Space Shuttle to California Science Center. The combined expertise of Plump Engineering, a fully-integrated and highly experienced architecture and engineering firm, and Encon Construction Services, a consulting construction and design-build firm, allowed for the effective engineering and logistics management to transport the shuttle during the October 12-13 operation.

"It is very exciting for us. We were honored to be picked and it is a big project for us--the whole project team is very motivated," President of Encon Construction Services Michael C. Volchok said. "There are only three shuttles left for the United States, so it is a patriotic thing to do and move the shuttle. It is going to be a great asset for Los Angeles. A lot of people are going to be able to see that shuttle and it is exciting for us to know that we had a part in getting it to the Science Center."

The two Southern California firms worked with Sarens, CalTrans, Southern California Edison and local police departments in order to effectively protect the roadways, sewer/storm drain systems and underground utilities as the Endeavour made its way to its new permanent home.

A comprehensive effort of architecture, engineering and construction services ensured that the weight of the shuttle and its transporter did not cause damage the city's infrastructure.

"Plump Engineering has done more than 10 heavy lift moves in Southern California

during the last eight years," Plump Engineering President Richard Plump said. "We knew about this project and the different companies that we work for were also bidding on the move and they didn't get it. When we heard that Sarens got the project, we have been trying to get a hold of them for a while to let them know that we are here and that is one of our specialties."

To coordinate the transport of the approximately 175,000-pound shuttle combined with the estimated 325,000-pound transport vehicle, Plump Engineering and Encon Construction Services had to address infrastructure issues along the entire route, which began at an LAX hangar and made its way through Inglewood to the Forum, past the South Figueroa Corridor in Los Angeles and ending just south of the University of Southern California campus at the museum. The task was made more challenging due to the city's old infrastructure implemented in the 1920s and 1930s.

"We are a strategic partner with Plump Engineering in the structural design in the analysis of the infrastructure of Los Angeles," Volchok said. "They analyzed all of the sewers, the storm drains and the utilities that ran under the street and determined that metal plating was necessary to place over the street to protect that infrastructure. Because of our close working relationship, they brought us into the project to implement their design."

The analysis of all the sewers and storm drains along the entire route required the direct placement of 2,600 steel plates. The steel plates helped to distribute the vehicle's weight, analysis of soil pressures and the transfer of the vehicle across the Manchester Bridge at the 405 freeway. Other major ele-

ments of the transportation project included the removal of center concrete medians and the construction of ramps on Lincoln Boulevard near LAX.

Dealing with crowds along the route was also part of what both firms had to contend with and they are not new to such situations. However, local law enforcement and additional security agencies provided crowd control services all along the route.

"We also worked on the LACMA rock and the crowd was not that bad for that one," Plump said. "For 24 hours there were people on the street and toward the end of the route I actually followed behind it--and people were coming in on the street and trying to get close to the rock, but the police presence was pretty good."

The Space Shuttle Endeavour was officially retired by NASA and it will be on display at the California's Science Center Samuel Oschin Pavilion's Endeavor: A California Story exhibit. The exhibit will showcase artifacts and images relating the shuttle program to California.

"Providing logistics and construction support for the transport of Endeavour is a signature project for us," Volchok said.

The shuttle completed the 14-mile transfer route from LAX to the California Science Center moving at approximately two miles per hour. Engineering and construction services will both precede and follow orbiter transport efforts.

"Endeavour is a major piece of America's history and accomplishment in space," Plump said. "Our team is thrilled to be able to help facilitate its safe transport to the California Science Center where it will teach and inspire countless people of all ages." •



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